



KOLBY SINCLAIR | NW MISSOURIAN

Underage students are committing alcohol offenses before they even enter classrooms at Northwest.

## Hammered

Eleven underage students busted for alcohol in the same room on move-in day.

**MANDI MORIN**  
News Editor | @MandiMorin1

While college is time for growth, learning and discovering one's calling, universities often find themselves giving citations and summons for not-so-scholarly behavior.

Thursday, Northwest welcomed with open arms more than 1,400 Freshmen into the Bearcat family. Thursday night, however, University Police issued 11 summonses for alcohol related offenses in Hudson-Perrin dorms for one call.

"I believe the call was dispatched in reference to a loud disturbance," University Police Chief Clarence Green

said. "When officers arrived, they encountered 11 individuals I believe within one room. Following that, they saw alcohol and handled it appropriately."

Living in Maryville (a college town true to the description), inhabitants are not unfamiliar with alcohol related offenses. However, college dormitories are subject to more rules and regulations that can be found in the Student Handbook or by asking any Residential Advisors.

Alcohol is prohibited on campus with the exception of exclusive tailgating areas. However, this many alcohol-related calls is not uncommon.

"Typically, within the first week (this is not uncommon). Now, 11 in one

room is rare, but we've had 15 to 20 in one room," Green said.

Awareness of rules, costs of breaking those rules, and the cost of underage drinking may not deter the entire population, but hopefully it cuts down on the offenses. Northwest offers several programs and events to deter these crimes like Pizza with Police, which takes place next week in residential halls. Despite accommodating the largest freshman class Northwest has seen in several years, offenses will most likely stay consistent with previous and future years.

SEE HAMMERED | A5

### NEWS BRIEF

A naked man was arrested after allegedly breaking into a Maryville home and assaulting two of the residents.

Bradley R. Vulgamott, 34, broke into a home 521 East Third Street at approximately 1:15 a.m. Aug. 26, according to a probable cause statement written by Officer Kenneth Garner. Vulgamott has since been charged with first degree burglary, second degree assault and property damage.

According to the probable cause statement, Vulgamott allegedly threw a lawn chair through the front window of the home and entered wearing only his shoes. He then threw the first victim to the ground and attacked the second. After a struggle, Vulgamott fled, breaking the front door in the process.

Vulgamott was caught in a neighboring yard. There is no relation between the perpetrator and the victims.

Vulgamott had his arraignment on Wednesday and is scheduled to deliver a guilty plea Sept. 8.

## New decal to grace sheriff patrol cars

**JANAÉ WELLS**  
Chief Reporter | @Janaaaaae

'In God We Trust' has been the United States motto for the last 60 years, and Maryville citizens may read these words more frequently on the Nodaway County Sheriff vehicles in the near future.

Nodaway County Sheriff Darren White plans to add decals that say 'In God We Trust' to all Nodaway County Sheriff's department vehicles.

White heard about the idea at the annual Missouri Sheriffs Association meeting after another Missouri sheriff came up with the idea. It was discussed that other counties in Missouri would also be adding the decals to their cars.

"I wanna say it was Stone County, or around there in that part of the state, that was the first to do it. Then it spread to Green County and then others, then it became a topic of conversation at the annual conference this summer," Nodaway County Sheriff Darren White said.

'In God We Trust' became the United States motto in 1956 and is placed on all United States currency.



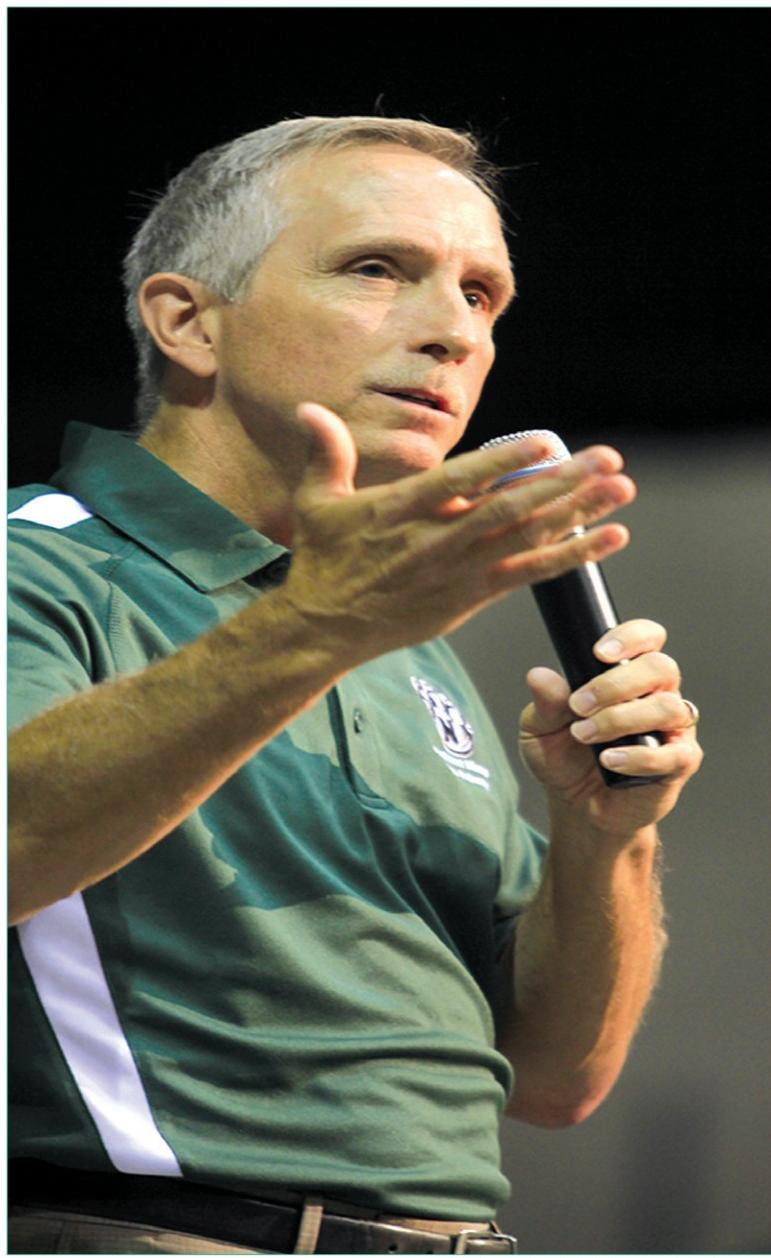
HANNAH WOODSON | NW MISSOURIAN

Nodaway County Sheriff Darren White shows off the new 'In God We Trust' sticker placed on his car.

"'In God We Trust' is actually our national motto, so I think it ties in with that, but I hope that it sends a message to people that we have this national motto and maybe that as a society we need to start thinking as one unified people rather than allowing ourselves to be fragmented the way that we have in the last few years. Whether it be by issues of race, or religion, or whatever heritage people come from. It seems like our country has really taken a bad turn and I think that we need to bring ourselves back together and quit looking at each other from all these different perspectives," White said.

SEE JUMP | A5





SHAWNA KINGSTON | NW MISSOURIAN

President John Jasinski speaks Aug. 30 to incoming freshmen at Convocation on being prepared for the incoming new year.



KOLBY SINCLAIR | NW MISSOURIAN

Sophomore Abbie Cook helps incoming freshmen move into Millikan Hall Aug. 27.

## New 'Cats take on campus

**CHRIS GUNN**

Chief Reporter | @Chrisgpouncil

A fresh new year to start over, striving to be better, to be utterly amazing and meet new people—that's why we have Advantage Week.

Advantage week is a preparation period that takes place a freshman's first week on campus. It is a time to settle in, explore your new home, and learn how to be a Bearcat.

"I think Advantage week is really beneficial for the freshmen because it helps them know the campus and meet new people," said sophomore Shawn Bane.

The Advantage schedule consists of times for new students to

pick up their Bearcat Card, textbooks, Northwest laptops, attend University Seminar, and tour one last time before classes start.

"I was looking forward to the overall college experience, the environment and being away from home on my own," said freshman Liawun Anderson. "The feeling of freedom to do what I want and have responsibilities at the same time."

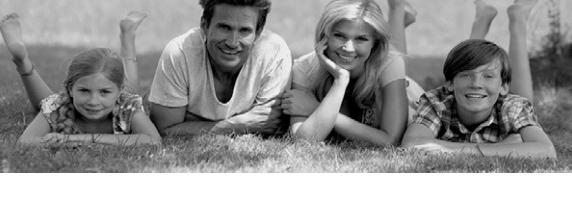
The student peer advisors played a big role during the week. "As a peer advisor, I'm here to assist students with the different resources on campus and answer any question they may have. I'm here to make the transition to college as smooth as possible. Freshman year is such a fun and exciting time, and

I want these new students to really see that for themselves. I have had such amazing time being a Bearcat, I hope that my experience and excitement for them to be here helps shake off the nerves and get them pumped for this next chapter in their lives," said senior Abby Haarmann.

Freshman Perry Bickley, agreed it's been a fun week.

"The best part of the week was the 'Can I Kiss You?' presentation because it was good information, relatable, and it allowed you to look at things in a different perspective," Bickley said.

The week came to end with a bang of fireworks kicking off the 2015-2016 academic school year.

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HANNAH WOODSON | NW MISSOURIAN

Northwest students enjoy a range of fireworks to celebrate the start of a new school year Aug. 30.



SHAWNA KINGSTON | NW MISSOURIAN

Academy Students take a selfie during Convocation after Jasinski speaks on being extraordinary Aug. 30.

September 3, 2015

# Planned Parenthood ignites discourse

**JANAE' WELLS**

Chief Reporter | @janaaaaae

Another government shutdown is quickly approaching if the Senate and House of Representatives can not come to a decision about Planned Parenthood funding.

For a few months now, the debate about whether to take away Planned Parenthood's federal funding has been at the forefront of the Senate and the House of Representatives.

Some Senate members have proposed a plan to strip \$528 million from Planned Parenthood's federal funding and give it to other healthcare entities. So far, the vote has failed in the Senate. There are statements that claim that President Obama says "even if the bill passes the vote and makes it through the House of Representatives he plans to veto it." According to Washington Post.

If a decision is not made before Sept. 30 another government shutdown will occur.

Planned Parenthood is often a very controversial topic because of

some health services they provide to people which include abortion referral, birth control, HIV testing, men's health care, providing emergency contraception, pregnancy testing, pregnancy services, STI testing, STI treatment and vaccines, and women's health care. These services are sometimes frowned upon by certain groups. However, employees at Planned Parenthood or other similar facilities have different opinions.

Women's Health Nurse Practitioner Judy Frueh works at the Wellness Center on campus. Frueh also worked at Maryville's family planning that recently closed this summer.

"Overall, women's care is just as important as aiding with unintended pregnancies, but really at centers that provide health care the main focus is to help men and women of all ages, but especially low income women who may not be able to receive care anywhere else," Frueh said.

Sophomore Kenya Turner believes cutting funding for Planned Parenthood would be a mistake.

"They should be funded by the federal government because all women should have access to care. Even though Planned Parenthood is associated with abortions, if America is truly the land of opportunity and pursuit of happiness, then give women the opportunity to decide. It can become a more extensive process but they should still be funded." Turner said.

Frueh also stated that negative stereotypes are one of the main problems that centers who perform those type of services have to overcome.

Frueh said she believes it's hard because many of the people who go to facilities such as Planned Parenthood keep that confidential, so there is no way for positive word to be spread.

According to the Planned Parenthood website, there are approximately 700 centers and over 2.7 million men and women visit annually in the United States. However, they are not all associated with Planned Parenthood. Many places such as Maryville's family planning center

were closed because of funding. The Olson center in Omaha, Nebraska, and Kansas City Women's Clinic in Kansas City, Missouri provide similar care to women. However, costs prevent many patients from treatment at the facilities.

There are protests both for and against the defunding of Planned Parenthood in the Congress and over social media. According to the Washington Post, the main groups that are against Planned Parenthood funding are the conservatives because they are strongly anti-abortion. However, people in favor of Planned Parenthood funding argue that there are not enough places for low income people to go for the low-cost health care services offered, according to the Washington Post.

Since there is no longer family planning in Maryville, men or women seeking care can either go to the Wellness Center if they are a student enrolled at Northwest Missouri State, or they can go to St. Francis Hospital if they are a resident of Maryville.

## PERCENTAGES OF SERVICES OFFERED

**42%**  
STI/STD testing and treatment

**34%**  
Contraception

**11%**  
Other women's health services

**9%**  
Cancer screening

**3%**  
Abortion services

**1%**  
Other services

# Seminar leading Bearcats to successful future

**BECCA BOREN**

A &amp; E Reporter | @beccalynnboeren

Freshmen Seminar takes on a new look this year. With 1,483 incoming freshmen, the university needed to accommodate the large number and decided to switch to University Seminar.

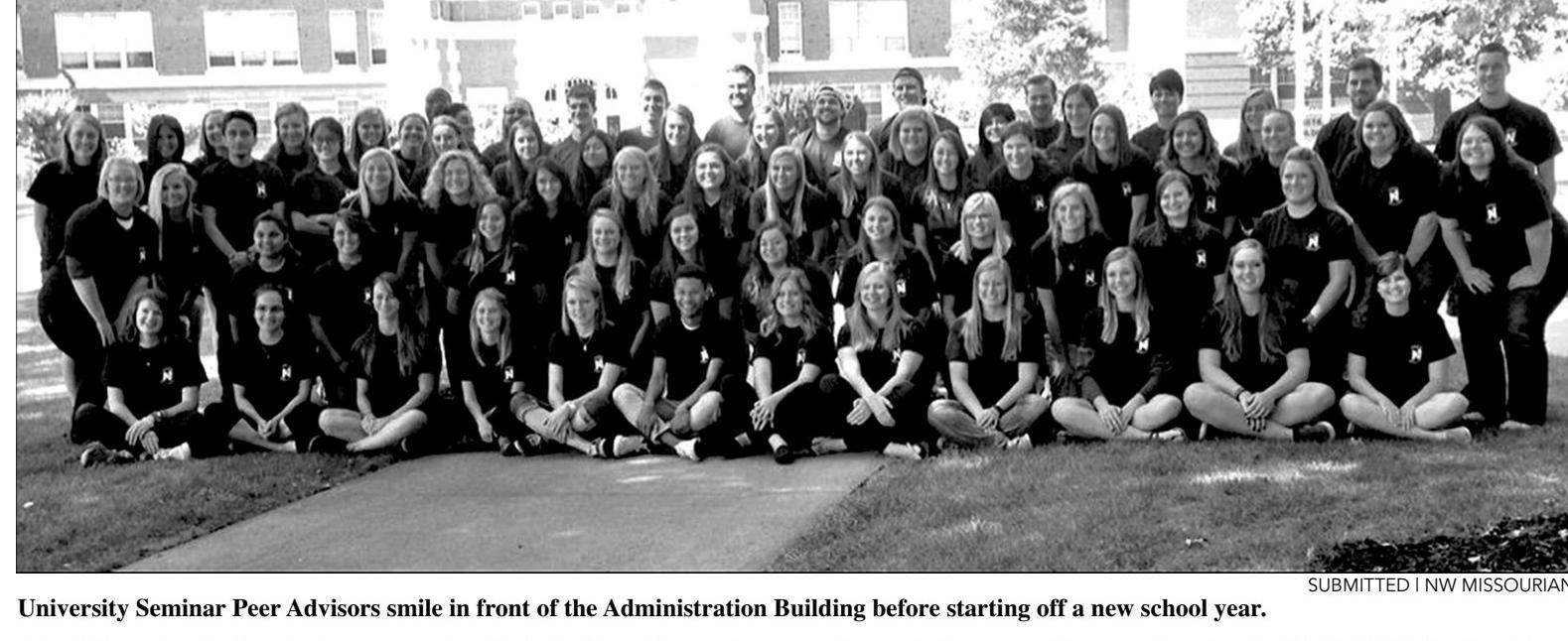
There are now four sections of University Seminar offered: Community, Global, Leadership, and General. By expanding section choices, the administration hopes to cultivate each student's strengths and talents. The Community section of seminar is designed to enhance problem solving skills. This group of students will work to give back to their community, and not just locally. Through the course of this trimester, the students in the Community section will discuss local, state, and national issues, all the while discussing actions that can be taken to rectify these problems. New Freshman Bearcat Amber Gierarstorf cannot wait to start her Community seminar.

"I really want to connect with people, and not just on campus," Gierarstorf said. "I am not from around Maryville, so I think getting acquainted with the town and the people who live here will really help make it seem more like home."

The Global seminar is designed to educate students on the challenges a variety of countries face and how it affects and relates to the United States. Discussions of how certain political decisions will affect the future will be really prominent as the course carries on. Freshman Kaitlynn Boersma said she is looking forward to the skills she will learn in her Global seminar.

"I am really interested in comparing the core issues in other countries to the ones in our own," Boersma said. "I think it will be a really great way to gain some diversity and understanding of other cultures."

The third seminar section is the Leadership section. The purpose of this is to build individuals' leader-



SUBMITTED | NW MISSOURIAN

University Seminar Peer Advisors smile in front of the Administration Building before starting off a new school year.

ship skills and train them to be active leaders both formally and informally. Hoffmann teaches one of the three Leadership seminar classes.

"I am really excited to see what this Leadership class can do. I think students becoming more active leaders in a variety of ways is really going to help organizations around campus expand and thrive," Hoffmann said.

For those who did not sign up for a specified seminar course, the option of taking the General section of seminar was still available. The General seminar still provides freshmen with the information they will need to succeed here at Northwest. Both freshman Pareece Sanders and freshman Abi Boll agree that they look forward to making new friends within their seminar class. Freshman Marissa Felt is also looking forward to this but has some other goals as well.

"I am really excited to have a group of people that I feel comfortable around, but I am also really looking forward to having the sup-

port and help that I need in my classes," Felt said.

One thing is certain about University Seminar, it is looking different than it has in years past. Senior Brandon Travis recalls his Freshmen Seminar experience.

"To be honest, I don't actually remember a whole lot from Freshmen Seminar," Travis said. "I remember it being cool during Advantage, but only having it once a month once school started made it seem pretty pointless to me."

This attitude was not what Freshmen Seminar was trying to create, and so they reformed. The administration did attempt to change Freshmen Seminar for the Class of 2018. Sophomore Katie Riggs experienced these changes.

"I didn't really like Freshmen Seminar because I didn't feel like it pertained to me. I wish it would have been more major or department driven so you could work with students going through the same classes as you were," Riggs said. "It would have been nice to be able to get to-

gether and discuss problems pertinent to our specific classes. However, it wasn't all bad. I did learn some really great time management skills that I utilize in several aspects of my life, not just school."

Unlike Freshmen Seminar, the Leadership seminar section was able to take a field trip to experience leadership firsthand. On Saturday, the Leadership seminar loaded up buses to take students to Mozingo Outdoor Education Recreation Area (MOERA) to work on their leadership skills. MOERA's homepage outlines the obstacles that the seminar students faced.

The Alpine Climbing Tower is a 50-foot complex that students were asked to climb to the top of. Several didn't make it, but Nicole McCurdy did.

"It was great, but you needed willpower, encouragement and motivation. As soon as I got to the top, I felt an immense amount of pride and satisfaction. Even though I had to stop and catch my breath along the way or change the way I was climb-

ing, I still did it," McCurdy said.

The Odyssey II Ropes course was another challenge. Students were harnessed in and taken up another 50 feet in the air to work together to climb across cords and ropes with nothing to lean on but each other.

"Learning to trust and communicate with the people around you was vital. Once, at the very beginning, we had to really work on balancing, we had to really work on balancing because if one person took too much control or moved too fast, everyone felt it and people could fall," said Devon Arbogast, a student in the Leadership seminar.

The challenges were just that, challenging. However, Megan White recalls it bringing her whole seminar class together and making her feel comfortable on campus. She later tweeted after the experience, "I met some pretty great people today and man, I'm loving the college life."

## Worship in Maryville

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[www.conceptionabbey.org/guests](http://www.conceptionabbey.org/guests)

### Worship With Us

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The church at 1st & Main

[www.faithatthecrossroads.org](http://www.faithatthecrossroads.org)

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Disciples of Christ

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Sundays: 8:00 a.m. & 10:25 a.m. worship

9:15 a.m. Sunday School

201 West Third, Maryville

660.582.4101

**W. Dale Stewart, Minister**

[www.fccmaryville.embarqspace.com](http://www.fccmaryville.embarqspace.com)

[fcc@embarqmail.com](mailto:fcc@embarqmail.com)

### First Presbyterian Church

Worship, Sundays @ 10:30 a.m.

Sunday school for all ages @ 9 a.m.

Shepherds Kitchen, Thursdays @ 5 p.m.



211 S. Main Maryville

660.582.4257

[www.maryvillepresbyterian.org](http://www.maryvillepresbyterian.org)

[pbymaryv@embarqmail.com](mailto:pbymaryv@embarqmail.com)

### Wesley Student Center

Midweek Worship 9:00

Wednesday Nights

Faith/Life Study 7:00 Thursday Nights

All Are Welcome!

Travis Dimmitt

Campus Minister

549 W. 4th (582-2211)

[wesley@nwmissouri.edu](mailto:(wesley@nwmissouri.edu)

[www.northwestwesley.com](http://www.northwestwesley.com)

Facebook Page at Northwest Wesley Student Center



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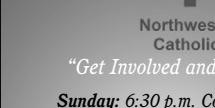
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Morning Bible Study 9:30 a.m.

Morning Worship 10:30 a.m.

Evening Worship 6:00 p.m.

Wednesday Bible Study 7:00 p.m.

[maryvillechurchofchrist.blogspot.com](http://maryvillechurchofchrist.blogspot.com)

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COLIN VAUGHAN | NW MISSOURIAN

## OUR VIEW:

## Sheriff's act usurps citizens' rights

"In God We Trust" has been the national motto of the United States since 1956. This phrase can be seen on a daily basis. The idea to put it on a government-funded vehicle has not been adopted by many yet. However, the idea did come to Nodaway County Sheriff Darren White. White has taken it into his hands to pay for and put stickers on operating government vehicles bearing the national motto. A few vehicles already have the motto displayed.

The part that makes this important to us at the Missourian is that this was not taken to the Coun-

ty Commission for permission. Instead, White said "I don't work for them" and decided, with no other input that this was a good idea to be carried out.

This is our national motto; the desire to publicly display it in the workplace is OK. To strongly fight for this change is acceptable. However, it is also a part of this nation's history to give the people their suffrage on things they may feel strongly about. To do this without seeking approval takes away our right as a citizen of the United States to vote. These vehicles were paid for with

citizens' tax dollars. It is safe to say not all of those citizens have the exact same beliefs as White. The people who do not share those beliefs, in our opinion, now have a right to be even more outraged about the changes being made to the patrol cars. If these citizens are the ones to pay for the cars in the first place, they should have a say about what gets put on it. White has specifically said that people who do not share the same religious beliefs have no right to be upset by putting a religious reference on a vehicle paid for by them. This is showing that he is acknowl-

edging those people, but ultimately saying they have no reason to be upset with a decision that he alone made.

Proceeding to put the emblem on the patrol cars without seeking approval from anyone was careless and selfish. To say that you won't ask permission to do something because you don't "work for them" is not a valid excuse to do what you want. I do not work for the police, but that does not mean I do not have to listen to them or take what they say into consideration. I don't work for the city, but I can not just go out

and start digging in the middle of Franklin Park because I wanted a pool. I need to take up my decision with the city, I need to think about other people's wants and I need to go in and ask if we can vote on this. We at the Missourian agree that this is something that needed to be taken up with the county, and voted on. Just because someone is in a position of power does not mean they can freely make changes to anything they want. Listen to the people, avoid the future outrage and criticism and think before you make changes that only you want to see.

## Only the mother should decide

**ZAC DUJAKOVICH**  
Opinion Editor | @Z\_Dujakovich

There has been an ongoing fight about abortion and planned parenthood for years. The recent feud between anti-abortion and pro-abortion rights is nothing new. However, the nation is treating it like it is, all of a sudden, a hot topic. When it comes down to it, it is about morals and what someone feels is right.

This is a difficult topic to talk about. It is difficult to openly discuss your opinion without someone jumping down your throat about it. You will always face backlash when you openly state what you feel is right and wrong, what you think about something that ultimately is not your choice.

In my opinion abortion is wrong, now hear me out, there are circumstances in which it is appropriate or right to abort your pregnancy.

There is a very fine line that we need to understand: we can not say what is right or wrong when it involves someone else's life and body. Especially us, men, we have no room to talk about what a woman decides to do with her body. It is all her choice in the end. The question many people are facing now is should she have a choice?

I do believe that there are circumstances in which a woman should have a choice to abort the pregnancy. The only time it is acceptable is if the pregnancy is dangerous to the mother. It should then be a choice.

If the child becomes detrimental to her health, she should be given the choice to carry out the pregnancy, or terminate it to save herself. In my opinion, this is the only time that it should be considered or be given to women as a choice.

Not being responsible, getting drunk and then having unsafe sex is not a valid reason to go out and have an abortion. The topic of rape can be argued in this situation, however, this is something I refuse to go into detail about in this column.

The thing that everyone needs to understand is simple: it is not your life.

It is not your life, it is not your body, it is not your choice. I am not saying that abortion is a great thing. I am not saying that we need to completely ban all abortion. I am saying that, although there are several reasons to support anti-abortion or pro-abortion, we make a decision based entirely off a situation that the majority of us have not been in.

This is not an issue that will be changed any time soon. It is a topic that will always have its advantages and disadvantages. While we are not all OK with it, we have to see that it can help if used in the right situation.

If the life of the mother is in danger while carrying the child, she should have the right to terminate it if she chooses, it should not be something that anyone can use whenever they want. It should be used carefully, rightfully and only under certain conditions.

## University seminar changes could prove worthless

**ZAC DUJAKOVICH**  
Opinion Editor | @Z\_Dujakovich

Change is something that can potentially help someone to grow or adjust. Too much change however, is harmful and will lead to a downfall.

We have seen this in what used to be called Freshman Seminar. We now call it University Seminar after yet another attempt to make it successful. There have been multiple changes to it over the course of two years. Freshmen last year had to take this class, being one of those freshmen, I can say Freshman Seminar was a waste of time.

Freshman Seminar was an attempt to show us how we are supposed to study and how we should learn. It was supposed make it easier for us to make friends and adjust to college life. I can speak for the majority of freshmen last year when I say that it was nothing but a weekly inconvenience.

This year, the class has been changed to University Seminar and modified in other aspects. It has been given several different sections for students to choose from. This has potential, but if history repeats itself, we will see this fail like Freshman Seminar.

The only thing that can save this class is if we go back to the original format and do a major specific seminar class. This will be more helpful in

the future for students. It will give them more information on what they will be doing for this major in their time here, it shows them who to talk to, who to work with and who to become friends with.

If they want to get out of that major, they will know early enough to drop it. I was a theatre major in my first semester. I did not realize I wanted out of it until it was too late, and then I had to wait the full semester to change. That could have been avoided very easily if they were given a class like University Seminar that only covered their major, with a teacher from that department.

Freshmen do not have the contacts that they need when they first come into the University. Giving them this class and showing them teachers they will see in their department, giving them the friends and ideas of what that major entails will be more helpful in the future than teaching them how to study and behave in college.

University Seminar does have the potential to be something helpful, but it needs to be seriously re-worked. The idea is all there, however, it has not been executed properly. I think the only way people will still want to be a part of this class is if they cater specifically to major driven classes and genuinely help.

### STAFF

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An Independent Student Newspaper since 1914.  
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Maryville, MO 64468

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Circulation: (660) 562-1528  
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## Paranormal Inactivity



NAME HERE | NW MISSOURIAN

## CROSSWORD

By Peter A Collins

## CLUES ACROSS

1. Actor Damon
5. Resort
8. Low continuous tones
11. Cape Verde capital
13. Abbreviation for clean
14. Shoe retailer
15. Dashery
16. Head covering
17. Canadian flyers
18. A plant fiber used for making rope
20. Prime Minister \_\_\_ Hirobumi
21. Hani
22. Nonexistences
25. Mexican victory holiday
30. Avowed
31. Ref
32. 2013 Philip. volcano eruption
33. Beard lichen genus
38. Tennis player organization
41. More saline
43. New York City
45. A ship's cheapest fare
47. A winglike part
49. At the stern
50. Oral polio vaccine
55. Tatouhou
56. In addition
57. Baltic flat-bottomed boat (alt. sp.)
59. Search for
60. Gray sea eagle
61. Music timings
62. Make a mistake
63. Root mean square (abbr.)
64. Sleeveless Arab garments
4. Drawstrings
5. Formal separation over doctrine
6. Tableland
7. Word with opposite meaning
8. Cabs
9. 45th state
10. Matacam
12. Macaws
14. Scottish hillside
19. Load for shipment
23. Sleeping place
24. Linking verb
25. Br. University punting river
26. Marsh elder
27. Horse noise
28. Contract research organization (abbr.)
29. Excessively ornamented
34. Engine additive
35. Small bite
36. Snakelike fish
37. They \_\_\_
39. Performance arena
40. Enact before an audience
41. Special interest group
42. Grows old
44. Conductor's implements
45. A heavy cavalry sword
46. Tropical ship's wood
47. A domed or vaulted recess
48. Lascivious look
51. Mentally quick and resourceful
52. La \_\_\_ Tar Pits, Hollywood
53. Unstressed-stressed
54. Celery cabbage
58. Wrong prefix

## CLUES DOWN

1. Speedometer rate
2. Turkish/Iranian river
3. Japanese socks

## SUDOKU

By MetroCreative

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

		4					9	
9			4	2			8	
					1		5	6
		6						
4		2		3			1	
		6	8					
		5	2		7	4		
7	9	1						

Level: Intermediate

## Guess Who?

I'm an actress born on October 4, 1989 in Texas. I have two famous parents who also are in the business. I made my film debut at age 10, but I've since become a household name in a role about a high-school girl who falls for a domineering billionaire.

Answers: Dakota Johnson

## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to cheese.

DAOUG

--	--	--	--	--

Answers: Gouda

# Humans of the Northwest Missourian

**MIRANDA PATTON**  
A & E Editor | @MirPatt92

No one knows more about you than, well, you. On the first day of class the professor has the students go around the room and introduce themselves, usually followed by the obligatory interesting fact. Once faced with describing yourself, words are hard to come by. How do I describe myself without sounding narcissistic or weird? This is the predicament I now face. First, let's get the usual introductions out of the way. My name is Miranda Patton and I am the Missourian's Arts and Entertainment Editor for the 2015 fall semester. I plan to give our readers the best in entertainment and human interest stories, so please, if I am not keeping this up, feel free to shout at me on Twitter (@MirPatt92).

I'm on the older side of the senior class at the age of twenty-three, proudly graduating in December of this year. Where do I see myself five years from now? The ripe

age of twenty-eight years old - ignore the fact I'm answering my own questions, I promise I'm not that insane - hopefully with a job in the media industry. I'm not too picky, but I would prefer content writing for a fashion company. That's the big goal to dream job for me.

Now, where I lack in the interesting facts department I more than make up for in the embarrassing stories genre. I'll spare you the details of throwing up all over my language arts textbook in the third grade and be a little less intense. First off, I was in marching band for six years, from the seventh grade through high school. So, this one time in band camp, I passed out in the middle of parade marching, straight into a ditch, but that's not the best part. I was told that while I was laying face down in the dirt, my friend made an attempt to go after me only to be told not to break formation. For a little insight here, it was the first day of practice, not a performance. My fellow band mates would let me lay in a ditch as they marched away during



SHAWNA KINGSTON | NW MISSOURIAN  
**Miranda Patton**, a senior at Northwest, shares her story to all students.

a practice. Wonderful. Oh, it doesn't end there. Once I woke up with a bruised jaw and broken pinky, my band director informed me my flute was unharmed. If that's not a dedicated band nerd, I don't know what

is. Now that I'm a senior in college, I can proudly say I've put my passing out in a ditch marching band days behind me.

One piece of advice, hydration, hydration, hydration!

## THE STROLLER:

### Your Woman wants you to Netflix and chill

No, seriously. This whole 'Netflix and chill' idea has just gotten out of hand. As a society, we have constructed new ways to avoid an actual relationship. I know, it's college, who wants a real relationship anyway? A lot of people, actually. Now, what I have heard through the grape vine is that there is nothing better than being able to sit in comfortable silence with your significant other. In the literal sense, yes, women want to Netflix and chill, no other

activities except for vegetating on the couch as you empty another bag of cool ranch Doritos. I do have to hand it to Netflix though, it's not easy reaching this level of brand recognition in the current market. Whether the term is spreading the right message about the company is another issue entirely.

It's a common phrase to say chivalry is dead. It's not dead yet, but it's on the endangered species list and loosing numbers fast. Dare to be different.

Through the ages, we have seen this trend evolve, starting with the classic blockbuster and chill type. This may not have been the properly coined term, but I imagine it's very close. Basically, let's rent a movie that we won't even watch and waste a few dollars trying to get lucky. Why not spend the dollars on what you really need and do it the old fashioned way? All you need are a few contraceptives and a charismatic personality. Okay, it's not that easy, but it's a good start.

Here's a tip: when you ask your woman to Netflix and chill, surprise her and actually chill. It can take you a long way. Although, I know my efforts are for naught. All I ask is that you chill responsibly. Stay thirsty out there.

*The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.*

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HANNAH WOODSON | NW MISSOURIAN

Members of Cat Crew help new freshmen move into Dietrich Hall on Thursday August 27 during advantage week.

## Cat Crew eases move-in day chaos

**MIRANDA PATTON**  
A & E Editor | @MirPatt92

Move in day is chaotic and stressful for both families and the Residential Life Staff. Inevitably, one of the elevators always breaks down and the weather is either storming or blazing. Not to mention moms everywhere are busy fussing over their child while dads are trekking up and down the stairs with hundreds of dollars worth of dorm room furniture that upperclassmen know the freshmen will not have room for.

According to the Residential Life homepage, 250 Bearcats signed up to relive their first few days as a freshman for a free T-shirt and lunch.

Their day began at 7 a.m. and ended around 4 p.m. Sophomore Alicia Kieffer decided to take the challenge and joined this year's Cat Crew. Kieffer connected with the Cat Crew through her sorority and vividly remembers when she moved in August of last year.

"I had really begun to miss my sorority sisters," Kieffer said. "Joining the Cat Crew was a great way to reconnect with them while still lending a hand to the incoming freshmen."

The only downside for Kieffer was the nostalgia of looking back on her freshman year and missing the novelty of it all.

Unfortunately, the Cat Crew and freshmen faced an hour of rain

that slowed their progress, but once the rain subsided, they were back to work again. The Cat Crew was always around to help, doing everything from unloading vehicles, to carrying boxes up the stairs, to directing students to their new living spaces. Freshman Jordyn Azcona, currently living in Perrin Hall, recalls attempting to apologize to a Cat Crew member for her amount of luggage.

"I tried saying I am sorry to this guy who was pushing my cart," Azcona said. "He was really nice and told me not to worry about it, he was really enjoying his day."

With their boxes unpacked and the halls filled with trash, the freshmen began missing the Cat Crew

and their trademark yellow bins as they started taking the garbage to the dumpster. Regardless of that desire, the Cat Crew was ready to take a break from the stairs and the luggage. They retired from the parking lot, retreating to their dorms or to the Union. One thing is to be said about the 2015 Cat Crew is that their dedication made move-in easier on many families and students. Their work was very much appreciated. Freshman Cara Lunsford extends her sincere thanks to the aid of the Cat Crew.

"Thanks for starting off my Freshman year on a good note," Lunsford said.

## Freshmen recap first day

**BECCA BORAN**  
A & E Reporter | @beccalynnboran

When walking around Northwest's campus Aug. 31, there were sleepy upperclassmen chugging coffee while they stagger around the sidewalk. There were also several hyperactive freshmen dressed in clothes that were carefully picked out to look cute, but not like they are trying too hard. With these signs, one thing must be certain, the first day of school has come around again.

Freshmen face mixed feelings about this day. We have been hearing all about what college is supposed to be like, and the messages have been, to say the least, mixed. Maygan Ramsey was able to summarize how most freshmen were feeling.

"I was super nervous, but now I am really excited. But then I just get nervous again," Ramsey said. "It is because of these feelings that, even though my first class did not start until noon, I was awake and packing my backpack by 8:30 a.m. With three and a half hours to spare, I then tried to calm my nerves by taking a walk and checking out what was going on around campus. Sure enough, I witnessed several freshmen in small groups rapidly discussing their first class or fearing that their next class would be immensely difficult. I witnessed my peers getting turned around and upperclassmen graciously offering advice and direction. I heard whisperings of homework already being assigned and worries of falling behind. Therefore, by the time I met my friends for lunch at 11 a.m., I felt a little sick to my stomach."

"Although I did not eat much, I walked to my class around 11:40 a.m. The desks were full, everyone was quiet, and I felt very small. Students continued strolling in and found their friends to sit by, and the professor called the class to attention. The hype for the first day was unsurprisingly overestimated. There was the standard introduction with your name, origin, major, and an interesting fact. Although it is almost always uncomfortable, it was a nec-

essary evil that everyone expected. Then for the next 40 minutes we went over the syllabus."

Sydney Tatam also her experience on the first day of college classes.

"It was intimidating going into a college class. We have heard our whole lives about how much harder homework is in college classes versus high school classes," Tatam said. "The truth of this statement will be realized by students either on the first day or later in the week."

Students like Megan White, for example, are already conquering math equations for their Fundamentals of Math class. Others, like myself, have seven pages of reading and a quiz to prep for on Friday for Western Civilization II.

Elementary education major Halle Yancey is already nervous about balancing this homework on top of the other activities that she wants to get involved in. "I am the most scared about figuring out time management. I really want to get involved," Yancey said. Yancey is considering Greek recruitment and getting a job next semester. With a lot on her plate already, adding classes and homework can be overwhelming.

Regardless of the excitement surrounding the first day of school, freshmen might have fallen asleep feeling similar to the way they felt four years ago. The feeling that they felt on their very first day of high school. Unfortunately, some of the concerns are the same. What if I don't have friends in any of my classes? Who am I going to sit by at lunch? What if I don't find my class in time? The anxiety is the same, the setting is different. We are once again, the small men on campus.

As first days go, we cannot complain. The sun came out and it was a syllabus day, so not much effort was required. Soon enough, the freshmen will begin to resemble veteran Bearcats: coffee in hand, sleepily arriving at their classes. For now, however, I am willing to enjoy the novelty of being a freshman for as long as I can.

## My last first day

So long Northwest, it was a good run.

**MIRANDA PATTON**  
A & E Editor | @MirPatt92

So long Northwest, it was a good run.

It's been a long time coming, but the seniors have finally made it. It's the last first day of class of our undergraduate career and it is a bittersweet feeling.

Social media was filled with posts from friends reminiscing about their last first day of their senior year. Many follow the same themes of how time flies by, the best four years of their life, and so on.

"It's very strange for me to think this is my last year here. My time at Northwest has flown by," senior Lauren Brase said.

Brase shares the fears many seniors experience in the last year of college, but unlike other seniors, she does have a clear view of her future. "I know that Northwest will always be my home but I hope to find a nursing school that will play the same role," Brase said.

Unlike the very first day of kindergarten, there are no parents to take our photos and choose our outfits. The adult life is calling and this is the last first step into entering our careers. It's a scary time, but also the best time of our lives so far. It is the last run before adult responsibilities come to the forefront of our

thoughts, and we can no longer rely on our parents to bail us out if we splurge all of our paycheck on pizza or a new pair of shoes that we never actually needed.

Student loans are looming and the pressure to find a job has never been higher. All of a sudden, we realize that it isn't high school anymore and we actually need to start our careers.

It could be that I only had one class Monday, but the nostalgia was lost on me. My last first day of college was uneventful, to say the least. Now that I am finally graduating, I have mastered the ultimate class schedule. None of my classes start earlier than 11 a.m. and I can finally sleep enough hours during the day.

I have no idea where I will go after graduation which makes the question "What do you want to do after college?" that much more awkward. My plan is simple: get a job, and I imagine I'm not alone in that category. Senior year has yet to sink in and just like Freshmen year, a lot of us have no idea what we are doing. Kudos to those who have life after college figured out. I aspire to evolve to that level someday.

"It's a frightening idea to think of what will happen after April 30. I hope to find the next place to continue my education and fulfill the want to help others," Brase said.

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BRIA CREEDEN | NW MISSOURIAN

Sophomore running back Jordan Grove (left) and Junior running back Phil Jackson II share a friendly smile after the black and white scrimmage Aug. 27.

# ANSWERING THE BELL

After losing a large class of seniors to graduation, the Bearcats must rely on unseasoned talent to step up and lead the way.

**TYLER MARTIN**  
Sports Editor | @Tyler\_Martin78

Game day. The day Bearcat football players and fans alike have been looking forward to since the last snap against Minnesota Duluth back in November.

Nobody is chomping at the bit to strap up the pads more than senior quarterback Brady Bolles.

"Fall camp was long this year," Bolles said. "The longest of my five-year career here. More practices probably wouldn't do us any good."

It's time to go out and play somebody and see where we're at, and I know the team is ready."

The Bearcats face off against the University of Nebraska-Kearney Lopers in their first game since their loss to Minnesota Duluth in the first round of the playoffs last season.

The team will look very different this season after losing a large group of seniors to graduation. Last season, the team had a group of 21 seniors. This season, that number is just nine.

Head Coach Adam Dorrel said having a senior at the quarterback

position has helped to ease the learning curve.

"I thought he was a good leader last year, but he's a great leader this year," Dorrel said. "He has great accountability with the young guys and the young receivers. If he sees something that isn't going right, he goes and fixes it in a very positive manner. That's always been the mantra of the great, elite starting quarterbacks that we've had at Northwest Missouri State."

Bolles finished last season with 2,367 passing yards, 18 touchdowns

and just 10 interceptions. Bolles will be working with almost an entirely new core of receivers this year.

Bolles said although there was a learning curve between him and his receivers, he believes they are on the same page heading into the game against the Lopers.

"A lot of the young guys don't really understand what we are trying to accomplish with each play," Bolles said.

SEE FOOTBALL | B2

## Bearcats expect strong season behind veteran squad

**JACOB BLAND**  
Chief Sports Reporter | @J\_Bland93

With its first match of the season just a day away, the Northwest volleyball team is more than ready to put its poor finish to the 2014 season behind them.

"We had a pretty tough spring from the standpoint of just being disciplined," Head Coach Amy Woerth said. "We had practices where we did one to two drills and we stayed until we got it."

Last year, the Bearcats jumped out to a promising 9-9 record that included a 6-4 start in Mid-America Intercollegiate Athletics Association play. The early season success, however, did not carry over into the second half. The team staggered down the stretch, losing 10 of its final 12 games.

"I think we were right in the middle (of the conference) the whole time and we came to a point where it was either 'hey we're going to rise above this or we're going to be lost in the shuffle' and I think that's kind of what happened," senior Shelby Duren said. "(At that point) maybe there wasn't a chance that we could make the top three (of the conference). I think people knew that, and I think we got a little disheartened with that, which definitely broke our team spirit."

Despite the unfortunate end to their season, the Bearcats return a solid group of veteran players and they are confident that they have a



BRIA CREEDEN | NW MISSOURIAN

team that is capable of competing with the top teams in the MIAA. In contrast with the team's high expectations for themselves, the Bearcats were picked to finish no higher than sixth in the MIAA preseason poll, making Northwest an intriguing

dark-horse candidate.

"Coming in kind of as the underdog, it shows through our ranking too, that people are not expecting top finishes from us. We are definitely using that as motivation," Duren said. "Personally, and I think as a team, we all

know that we're better than that."

Last season, the Bearcats returned just three players from the previous season.

This season, the team will have the luxury of bringing back eight

Duren and junior Miranda Foster will be leading the way for this savvy group of veterans.

SEE VOLLEYBALL | B2

**FOOTBALL**  
CONTINUED FROM B1

"Most of it was just breaking it down and saying 'hey, just because you are running this route, it doesn't mean you're the guy on this play'. Once we got that going, we were leaps and bounds ahead of where we were in spring ball."

The change in coaching staff makes this a difficult game for the Bearcats to prepare for. The Lopers hired Josh Lamberson as head coach after the conclusion of last season.

Lamberson is no stranger to the Bearcats. He was an All-American quarterback under former Head Coach Mel Tjeerdsma and lead the Bearcats to the Division II National Championship game in 2005.

Dorrel said although it is tough to prepare for a game against a newly hired head coach, the familiarity with the mindset of the Lopers staff eased the process.

"Knowing their staff, I have an idea that they are going to be a physical unit," Dorrel said. "I certainly know enough about them, and they know enough about us. We both believe in what we're doing, we believe in our philosophies and upbringing in coaching. It'll be fun and exciting to see what they're doing."

Dorrel said in order to formulate a defensive scheme for the Lopers offense, he looked at what Lamberson did in his time as offensive coordinator at Central Missouri, as well as what Offensive Line Coach Joe Holtzclaw did last season as of-

fensive coordinator at Hastings.

The Lopers are expecting a packed house for the home opener against the Bearcats. According to the Nebraska-Kearney Athletic Department, they are expecting a large enough crowd to beat the old attendance record of 8,823 at Ron & Carol Cope Stadium.

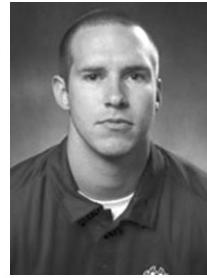
Bolles said playing in this type of an atmosphere is the reason why many of the young players on the Bearcat's roster chose to come to Northwest.

"Coming to Northwest, one of our big recruiting pitches is that you are going to play in big games," Bolles said. "Being at home and seeing (the atmosphere) against Pitt last year, I think they have a feel for it. I think the senior group that we have has played in big games and I think they'll lead us in the right direction."

Now that the grind of spring and fall camp is complete, there is nothing left for the Bearcat seniors to do but to leave it all on the field for one last season, something Dorrel said this team has been doing since day one.

"Since Jan. 13, these guys have done everything that I've asked them to do," Dorrel said. "Their senior year is going to come and go with young guys. Instead of pouting about it, they have answered the bell."

That's why I'm confident in our football team. As a coach, when your team has done everything that you've asked them to do, I can't ask for anything more."

**KEY RETURNERS****BRADY BOLLES**

#10

Senior Quarterback

Second Team All-MIAA, passed for 2,367 yards and 10 TDs in 2014

**BRANDON YOST**

#99

Senior Quarterback

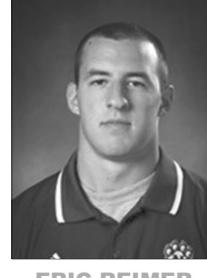
First Team All-MIAA, 45 tackles, 10 TFL, 4.5 sacks in 2014

**BRYCE ENYARD**

#29

Senior Safety

Third Team All-MIAA, 41 tackles in 2014

**KEY LOSSES****ERIC REIMER**

#10

Linebacker

First Team All-MIAA, team-best 76 tackles in 2014

**DJ GNADER**

#99

Linebacker

First Team All-MIAA, 70 tackles, 11 TFL in 2014

**MATT LONGACRE**

#29

Defensive End

MIAA Defensive Player of the Year in 2014

**VOLLEYBALL**

CONTINUED FROM B1

Foster and Duren were first and third, respectively, in kills last season for the Bearcats.

To go along with the eight returnees, Northwest will be welcoming three incoming freshmen to round out the rest of the team's depth.

If Northwest hopes to improve on last year's record, Woerth knows that her team will need to start the season

off fast against non-conference foes.

"The second weekend we are playing (against teams) from the Northern Sun, which is a conference in our region, so it's an in-region match," Woerth said. "If you win your conference, the next step is to get into

regionals and you have to be ranked in the top-8. That will be a big weekend for us to be able to be black and white versus gray, like we're going to

get to play some of those teams head-to-head. Voting won't be so questionable; they'll see head-to-head this is

what we've done against these teams."

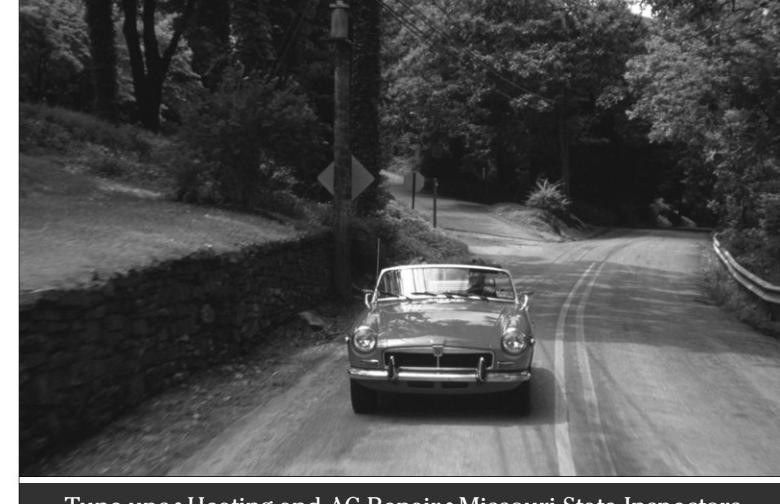
Northwest will open up season play Friday against Malone University in Canton, Ohio. The Bearcats will not have its first home game until Sept. 25.

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**FOOTBALL****MIAA Preseason Poll**

	Overall	MIAA
NORTHWEST.....	0-0	0-0
Pittsburg St.....	0-0	0-0
Central Missouri.....	0-0	0-0
Central Oklahoma.....	0-0	0-0
Missouri Western.....	0-0	0-0
Fort Hays St.....	0-0	0-0
Emporia St.....	0-0	0-0
Washburn.....	0-0	0-0
Nebraska-Kearney.....	0-0	0-0
Lindenwood.....	0-0	0-0
Missouri Southern.....	0-0	0-0
Northeastern St.....	0-0	0-0

**MIAA Preseason Poll**

	Overall	MIAA
Central Missouri.....	0-0	0-0
Washburn.....	0-0	0-0
Nebraska-Kearney.....	0-0	0-0
Central Oklahoma.....	0-0	0-0
Missouri Western.....	0-0	0-0
NORTHWEST.....	0-0	0-0
Emporia St.....	0-0	0-0
Washburn.....	0-0	0-0
Fort Hays St.....	0-0	0-0
Pittsburg St.....	0-0	0-0
Southwest Baptist.....	0-0	0-0
Missouri Southern.....	0-0	0-0
Lindenwood.....	0-0	0-0

**Sept. 3**

NORTHWEST at Nebraska-Kearney

Missouri Western at Central Missouri

Pittsburg State at Northeastern State

**Sept. 10**

Missouri Southern at NORTHWEST

Central Missouri at Emporia State

Nebraska-Kearney at Washburn

Northeastern State at Fort Hays

State

**Sept. 4**

NORTHWEST vs. Malone University

NORTHWEST vs. Concord University

Missouri Western State vs. Saginaw

Valley State

**Sept. 5**

NORTHWEST vs. Edinboro

NORTHWEST vs. Urbana

Mary at Central Missouri

Illinois-Springfield at Central Missouri

**GOLF****MIAA Preseason Poll**

Central Oklahoma	
Northeastern St	
Lindenwood	
Nebraska-Kearney	
Missouri Western	
Central Missouri	
NORTHWEST	
Fort Hays St	
Southerwest Baptist	
Lincoln	

**WOMEN'S SOCCER****MIAA Preseason Poll**

	Overall	MIAA
Central Missouri.....	0-0	0-0
Southwest Baptist.....	0-0	0-0
Central Oklahoma.....	0-0	0-0
Fort Hays St.....	0-0	0-0
Lindenwood.....	0-0	0-0
Missouri Western.....	0-0	0-0
Northeastern St.....	0-0	0-0
Emporia St.....	0-0	0-0
NORTHWEST.....	0-0	0-0
Nebraska-Kearney.....	0-0	0-0
Missouri Southern.....	0-0	0-0
Washburn.....	0-0	0-0

**Sept. 3**

NORTHWEST at Wayne State

Lindenwood at Missouri S&amp;T

**Sept. 6**

NORTHWEST at Sioux Falls

Harding at Missouri Western

**Sept. 8-20**

Central Region Fall Preview



SHAWNA KINGSTON | NW MISSOURIAN

Junior Alias Cullen (center) kicks the ball out of bounds during practice drills Thursday Aug. 27. Maryville's next game is Sept. 3.

## Soccer rebounds after slow start

**JACOB BLAND**  
Chief Sports Reporter | [@j\\_bland93](#)

The Maryville boys soccer team knew they faced some difficult challenges heading into the season. After a sluggish 1-2 start to their season, those challenges have become more evident.

"We had a few first game jitters Wednesday night (the team's first game)," Head Coach Stuart Collins said. "Mostly the first three weeks of practice has been defense and passing. We haven't even worked on getting the ball up the field and we've done really well."

With Mitch Worthington, Chance Hermelink, and Jacob Liles out of the fold, it will be up to Zack Brod, Dimitri Filopoulos, and junior Joe Suchan to get the Spoofhounds back on track.

With the team losing those three seniors, Maryville has lost a lot of size. Fortunately for the Spoofhounds, they are evenly balanced with plenty of returnees and a lot of young players ready to fill the void.

"We're missing a lot of height this year, but that doesn't take away from the fact that we like attack the ball," Suchan said. "We're a good passing team and with a lot returning seniors and upperclassmen, we all have good chemistry and we all know where we'll be at on the field."

While the Spoofhounds will use their speed and discipline to make up for their smaller size, they will have a tough time matching the 4-1-2 start the team enjoyed last year. Despite his team's 1-2 record, Collins believes his team will

be able to bounce back and grow with the players they have.

"We've got a lot of continuity here," Collins said. "We've got a lot of people coming back who know what they are doing. Our youth that are coming up are really skilled and they know what they are doing, so it's fun to play with them."

Last year, the Spoofhounds' season came to an end when they lost to Chillicothe 4-1 in districts. By the way things look, Maryville will have to go through Chillicothe again if they hope to make it past districts and into postseason play.

Last year, Chillicothe went 11-4 and beat Maryville three different times. As it stands right now, Maryville will have to at least face Chillicothe two times and those two matches do not look any eas-

ier than the ones they played last year. Chillicothe is off to a 2-0 start and has beaten their first two opponents by a combined score of 9-2.

Going forward, the Spoofhounds will have a good opportunity to pick up some quality wins against some tough non-conference opponents.

The Spoofhounds opened up MEC play with a 4-0 victory against the Benton Cardinals. Brod finished with three goals and one assist. Senior winger Benjamin Smith scored the team's only other goal.

The Spoofhounds will face-off against Warrensburg to open up competition in the Excelsior Springs Tournament Sept. 3-5.

## Hounds backfield in a familiar position

**KEVIN HOUCK**  
Chief Sports Reporter | [@NWMSports](#)

For the past three years, finding carries in the Spoofhounds backfield behind Brody McMahon has been a tough task.

For senior running back Dakota Beemer, waiting his turn to carry the load while taking advantage of the carries he was given has set him up for this moment.

"It is definitely going to be a lot harder for me," Beemer said. "People are going to start keying off me a lot more than in the past. I just see it as a challenge that's going to make me better."

Head Coach Matt Webb says growing up with the tradition of Spoofhound football has put Beemer in a position to succeed as Maryville's feature back.

"He's a young man that grew up in this community that has watched the Spoofhounds play since he was a little kid," Webb said. "He has taken advantage of every opportunity he has been given and earned. He has been a three year starter for us on the offensive side of the football. He has done a lot for us in the playoffs and has been involved in a lot of wins."

Beemer, who is a third-year starter for the Spoofhounds, has put up consistent numbers the past two years despite the majority of the carries going to the now freshman Bearcat running back McMahon.

In 2013, Beemer rushed for 935 yards on 112 carries with nine touchdowns. Those statistics increased in 2014 when he rushed for 1,071 yards on 120 carries with 16 touchdowns.

Despite now being the feature back this year, Beemer says all the praise goes to the offensive line.

"The way I look at it is that we're a team and we have other running backs doing well," Beemer said. "Without the line, we obviously wouldn't be getting the yards. It kind of sucks that we get the glory and fame when they don't get the recognition we do."

Webb says Beemer's aggressive running style on the football field makes up for his 5-9, 160-pound stature.

SEE **BEEMER | B2**

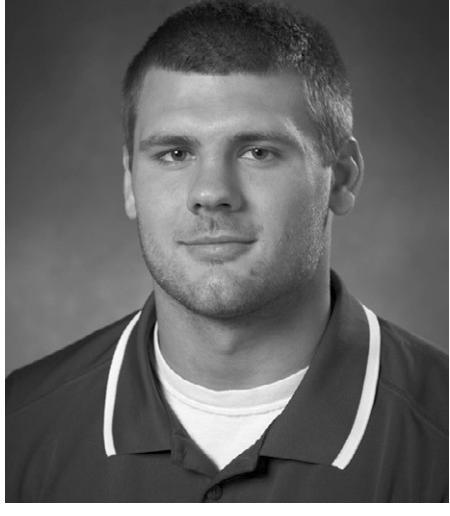
## ATHLETES of the WEEK

### BEARCATS

### SPOOFHOUNDS



Brock Sherman



The senior linebacker for the football team looks to build off last season as he recorded 51 tackles and two sacks. They take on Nebraska-Kearney Sept. 3.

Miranda Foster



The junior for the volleyball team led the team in kills last season with 347. The volleyball team starts its season off with a four game road trip in Canton, OH.

Leah Jasinski



The senior for the girl's volleyball team led the Spoofhounds to a 2-1 victory after recording nine kills in the team's season opener against East Buchanan Tuesday night.

Dakota Beemer



The senior running back led the team to a 56-7 victory against Pius X after carrying the ball for 147 yards on nine carries and four touchdowns.

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Family Practice Physician with Fellowship in Sports Medicine

# Soccer back at full strength

After a season riddled with injuries, Bearcat soccer prepares for a new season

**SHANE WEBB**  
Chief Sports Reporter | @NWMSPORTS

Bearcat soccer is back at it as they are about to begin their 2015 campaign. The Bearcats look to start off strong with an experienced roster that is looking to improve from last seasons 7-10-1 finish.

Head Coach Tracy Hoza said the team has had a long and intense pre-season. The team has had multiple scrimmages and has been able to get into form before the season started.

Last season, a spell of injuries was placed upon the team, causing the Bearcats to come up short of their expectations. This season, Northwest has put in extra work to stay healthy.

"The training staff has worked tremendously with the players in the spring and the summer," Hoza said. "We have made improvements on injuries and our fitness."

The first month of gameplay will be interesting for the Bearcats. Start-

ing with their road game against the Wayne State Wildcats, the Bearcats have a road trip for their first five games and will not have home field advantage until Sept. 20.

"It's going to be a busy month in September with the away games," Hoza said.

As the Bearcats prepare for their first match, the opponents have also had their hands full. The Wildcats are under new management this season after bringing in a new head coach.

Hoza expects the Wildcats to be a very disciplined team. Wayne State was selected to finish 15th in the Northern Sun Conference.

Even though Wayne State has a new coach to get acclimated to, the Bearcats are also tasked with getting prepared for the season. Coming in ranked 9th in the MIAA, Northwest looks to improve throughout the season.

"We want to do better than last

year," senior captain Elizabeth Lee said. "We want to get into the conference tournament and finish the season strong."

Both Hoza and Lee believe the team needs to improve on the defensive end and score more goals this year. The team is focusing on having better touches on and off the ball.

The Bearcats want to make sure that whenever the ball is at their feet they keep possession. Hoza wants the team to defend with passion.

Lee looks to be one of the three leaders on the team that helps keep them going in the right direction.

"Mostly it's keeping a positive attitude, regardless of what happens," Lee said. "Even just within in the game, it's keeping my own head on my shoulders, getting better everyday, and encouraging everyone else to do the same."

The Bearcats head to Wayne State to take on the Wildcats at 4 p.m. on Sept. 3.

## NW WOMEN'S SOCCER SCHEDULE

### AWAY

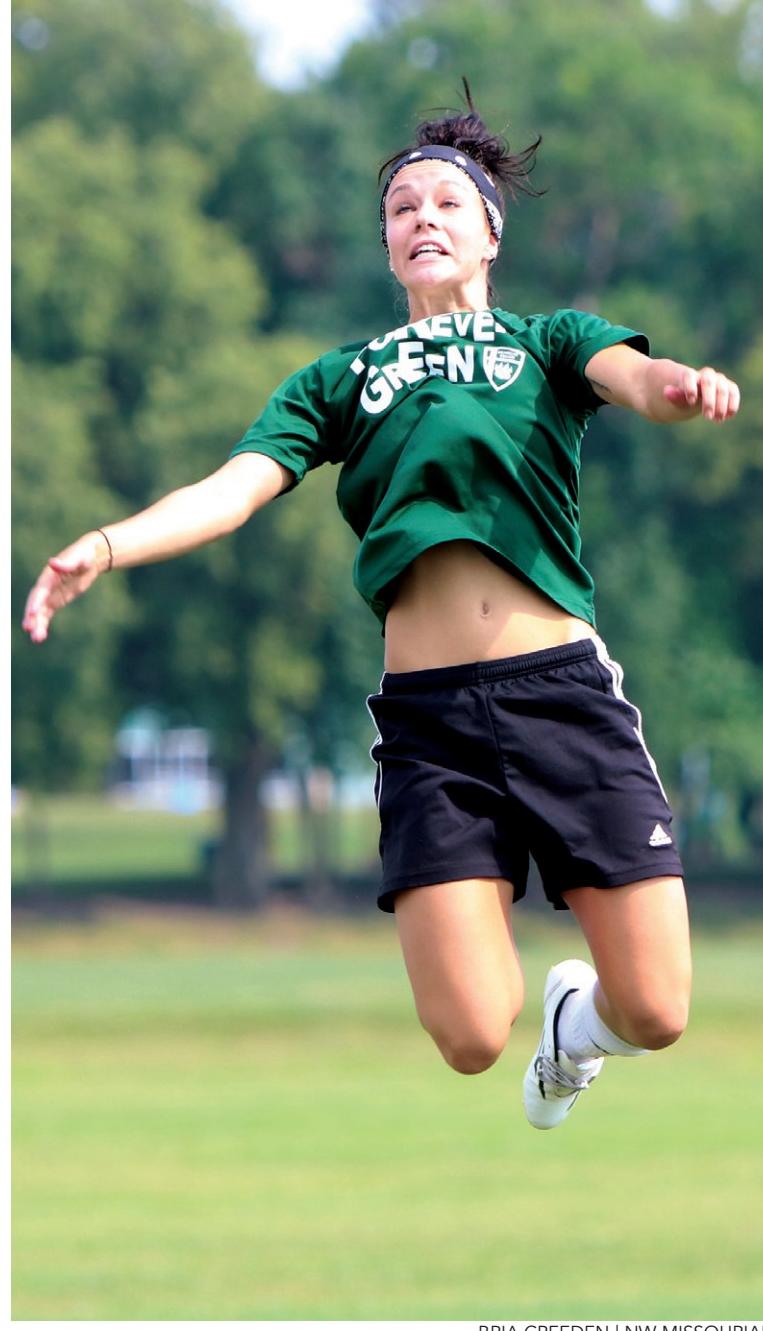
4 p.m. Thursday Sept. 3 @ Wayne, Nebraska

### AWAY

1 p.m. Sunday Sept. 6 @ Sioux Falls, South Dakota

### AWAY

3 p.m. Friday Sept. 11 @ Minnesota-Crookston



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